

Edward Alexander
Dharma Curriculum Vitae

Study

2003-2004 – Attended Naropa University.

-“Meditation Practicum” course, received instruction in shamatha and vipassana meditation according to teachings of Chogyam Trungpa Rinpoche

-“Spirituality and Creative Expression” course discussed 5 Buddha Families.
Practice in “Maitri Rooms” on Nalanda Campus.

Summer 2014 – Summer residence at Rangjung Yeshe Gomde, service/karma yoga included on-land construction, working “Ratna Shop,” etc. Visiting teachers included Dzigar Kongtrul Rinpoche, Phakchok Rinpoche, Chokyi Nyima Rinpoche

Fall 2014-Summer 2015 – Research affiliation at Rangjung Yeshe Institute, Kathmandu Nepal. Took Shantideva’s *Bodhicaryavatara* course. Conducted graduate research on Vajrayana ritual practice for UC Berkeley English dissertation, “Making Simplicity: Expressive Force and the Roots of Open Form.” Began *Tara’s Triple Excellence* online program, organized around *Drolma Zabtik* terma.

Fall -2014/15 – Pilgrimage led by Chokyi Nyima Rinpoche to Bodhgaya, teachings to Antioch Program.

Winter 2014-2015 – Three week Three Roots/*Tsawa Sum* (Guru/*Tukdrub Barchey Kunsel*, Yidam/*Santik Phurba*, Dakini/*Kurukulle*) course/retreat on Vajrayana sadhana practice, taught by monks of Ka-Nying Shedrub Ling monastery at Asura Cave, Pharping, Nepal. Organized by Phakchok Rinpoche.

Summer 2014 – 2025 (excepting 2020/21) - Teachings by Chokyi Nyima Rinpoche at Gomde California.

Fall 2015 - Research affiliation at Rangjung Yeshe Institute. Asanga/Maitreya’s *Madyantavibhaga* course.

Fall 2018- Summer 2019 - Pilgrimage/sabbatical in Bhutan. Taught English Literature at Royal University of Bhutan. Pilgrimage sites included Taktsang/Tiger’s Nest in Paro, Kurje Lhakang in Bumthang, etc. Presented the paper “Aesthetic Techniques as Skillful Means” at the 2019 Vajrayana Conference in Thimphu.

Summer 2024 - Pilgrimage to Borobudur in Java. Summer teachings from Chokyi Nyima Rinpoche in Malaysia, Portugal, France, California.

Practice

Winter 2011-12- Month long dathun retreat led by Reginald Ray at Dharma Ocean in Crestone CO.

Summer 2012 – One-week solitary retreat at Rangjung Yeshe Gomde CA, followed by teachings from Khandro Rinpoche.

Summer 2013 – Two-week solitary retreat at Rangjung Yeshe Gomde CA, preceded by teachings from Dzigar Kongtrul Rinpoche.

Winter 2014 – One-week solitary retreat at Nagi Gompa, Nepal.

Summer 2015 – Two-week *Trinley Nyingpo* sadhana solitary retreat, California.

Winter 2015 – One-week *Drolma Zabtik* outer sadhana group retreat, Asura Cave, Nepal.

Winter 2013, 2016, 2017 – One-week Vajrasattva sadhana group retreat, Gomde, CA.

Summer 2017- Two-week *Tukdrub Barchey Kunsel* ngondro solitary retreat.

Fall 2018-19 – Accumulated 100 performances of *Drolma Zabtik* outer sadhana.

Summer 2019 – 35-day *Trinley Nyingpo* sadhana group retreat, Gomde CA

Summer 2020 – three-week *Drolma Zabtik* inner sadhana solitary retreat at Tara Mandala.

Summer 2021 – three-week *Drolma Tabtik* inner sadhana solitary retreat at Gomde CA

Summer 2022 – 10-day *Santik Phurba* group retreat at Gomde CA, followed by one-week *Drolma Zabtik* inner sadhana solitary retreat in Kathmandu, Nepal.

Summer 2023 –one-week *Drolma Zabtik* ngondro solitary retreat at Gomde California

Summer 2024 –10-day “Sphere of Refined Gold” group retreat, Gomde Pyrenees. 10-day *Drolma Zabtik* solitary ngondro retreat.

-Vajrakilaya drupchen, Garchen Buddhist Institute (led by Garchen Rinpoche).

Winter 2024/25 – Troma Ngakmo drupchen, France (led by Dzongsar Khyentse Rinpoche)

Summer 2025 – Dudjom Gongter empowerments, Toronto ON, granted by Dzongsar Khyentse Rinpoche.

Received teachings and empowerments from Chokyi Nyima Rinpoche, Chokling Rinpoche, Dzongsar Khyentse Rinpoche, Tsoknyi Rinpoche, Mingyur Rinpoche, Phakchok Rinpoche, Dzigar Kongtrul Rinpoche, Khandro Rinpoche, Garchen Rinpoche, etc.