

Mélanie Nayeli ANGUERIN

17, av. Marc Mercier

24290 Montignac, FRANCE

Tel : +33 6 26 56 77 13

@ : nayeli.anguerin@gmail.com

born april 10th 1983, in Mexico City

french nationality

APPLIANCE FOR THREE YEARS RETREAT

INCHANTELOUBE, FRANCE

DHARMA HISTORY

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| 1990 | Asking my mother, Gisèle Anguerin, questions about spiritual life.
At the age of 7, I decided that Tibetan Buddhism would be my path! |
| 1993 | Attending to His Holiness the Dalai Lama's talk
at an ecumenical meeting in the Oratoire St Joseph
in Montreal, Canada I felt deeply inspired |
| MAY 2002 | First real experience of a Dharma teaching program
taught by Minling Jetsun Khandro Rinpoche
- Refuge and bodhicitta vows
- Initiation of Yeshe Tsogyal
in Dhagpo Kagyu Ling, Dordogne, France |
| 2002-2004 | Personal reading and practice at home
(in Mexico and Canada during my university studies) |
| APRIL 10TH 2004 | Going back to Dhagpo Kagyu Ling in France
To search for Jetsun Khandro Rinpoche's guidance |
| JUNE 2004 | Attending teachings of Khandro Rinpoche
Requested her to be my main teacher
and followed all her teachings in France that year :
- Dhagpo Kagyu Ling, Dordogne (on discipline),
- Shambala France (on meditation),
- Institut Karmapa (Troma Nagmo initiation),
- Vajra Dhara Ling, Normandy, (Beginning of the Minlling Dorsem cycle)
- Kagyu Dzong, Paris (on bodhicitta). |
| JUNE 2004 - JUNE 2015 | Following the entire Minling Dorsem cycle of teachings
(based on the Ati Zab Don , the Rab gsal snang ba with commentary)
conferred by Jetsun Khandro Rinpoche
in Vajra Dhara Ling, Normandy and Kagyu Dzong, Paris.
Study and practice seminars twice a year, group revisions
and group retreats in winter. |

- 2004-2005** Resident In Dhagpo Kagyu Ling, Dordogne, France
Community service, Personal Studies and Practice
Attended a lot of teachings there, many initiations
Studies on Tsema.
- 2005-2015** Summer retreats with Centre d'Etudes de Chanteloube, Dordogne France:
received teaching from Kyabje Trulshik Rinpoche, Kyabje Tenga Rinpoche,
His Holiness Sakya Trinzin, Taklung Matrul Rinpoche, Mingyur Rinpoche,
Jigme Khyentse Rinpoche and Pema Wangyal Rinpoche

Texts Studied :

Dza Patrul Rinpoche's Words of my Perfect Teacher, Nagarjuna's Letter to a Friend, Gyelse Thogme's 37 practices of Bodhisattvas, 7 stanzas on mind training by Langri Thangpa, Chagchen Monlam by Karmapa Rangjung Dorje, and now, beginning of Ngedön Gyamtso.

TIBETAN STUDIES

- 2004** Learned Tibetan script and basic reading
- SEPTEMBRE 2006-2010** Beginning Tibetan studies program
at INALCO (National Institute of Language and civilisation), Paris, France
Including Spoken Tibetan, Classical Text Studies, Poetry, Tibet's History,
Geography, Ethnology, History of Buddhism, Himalayan Art History,
Modern Tibetan Literature and Websites.
- 2010-2011** 7 months of studies in CHTS (College of Higher Tibetan Studies),
Sarah School near Dharamsala, India
Studies of Buddhist texts in Tsamjor class
Introduction to debate and philosophy from Gelug tradition
Intense practice of spoken modern Tibetan !
- 2012-2013** Completion of studies at INALCO
Licence Degree awarded in June
- 2005-2014** Learning classical text and modern poetry with Gen Lhamo Kyab
A Tibetan writer and teacher living in Paris

USING TIBETAN FOR DHARMA

SINCE 2005	Translation for Tibetan refugees in Paris for medical assistance and other administrative matters
WINTER 2011	Gave intensive French classes (in Tibetan) to a Tibetan Geshe in Paris
SINCE 2012	Oral translation from Tibetan in various Dharma centers and groups in Europe including: <ul style="list-style-type: none">- Kalachakra Center in Paris and Reims, France- Tibetan Community Festival in Paris, France- Trigane Rinpoche's Sangha in Ljubljana, Slovenia- Trigane Rinpoche's group in St Maur and Lille, France- Lama Karta's Sangha in Yeunten Ling, Belgium- Lama Ngawang's study group in Chartres, France- Rigpa Center in St Tropez, France...
SINCE 2013	Providing Tibetan reading class for beginners : in Yeunten Ling, Belgium (a week-end every two months) Kagyu Dzong, Paris, France (1h 30 Every Thursday evening)
2012-2014	Interpreter for two regular programs on Tibetan medicine in the Kalachakra Center in Paris, France by Amchi Lhajitsang Wandai Tsering and Amchi Bunchung
2014	Creation of Interface Culturelle an organization to support our activity of translation and explanation of the cultural context to people working with Tibetan people in Paris.