

Mélanie Nayeli ANGUERIN

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born april 10th 1983, in Mexico City

french nationality

APPLIANCE FOR THREE YEARS RETREAT IN CHANTELLOUBE, FRANCE

DHARMA HISTORY

1990 Asking my mother, Gisèle Anguerin, questions about spiritual life.
At the age of 7, I decided that Tibetan Buddhism would be my path!

1993 Attending to His Holiness the Dalai Lama's talk
at an ecumenical meeting in the Oratoire St Joseph
in Montreal, Canada I felt deeply inspired

MAY 2002 First real experience of a Dharma teaching program
taught by Minling Jetsun Khandro Rinpoche
- Refuge and bodhicitta vows
- Initiation of Yeshe Tsogyal
in Dhagpo Kagyu Ling, Dordogne, France

2002-2004 Personal reading and practice at home
(in Mexico and Canada during my university studies)

APRIL 10TH 2004 Going back to Dhagpo Kagyu Ling in France
To search for Jetsun Khandro Rinpoche's guidance

JUNE 2004 Attending teachings of Khandro Rinpoche
Requested her to be my main teacher
and followed all her teachings in France that year :
- Dhagpo Kagyu Ling, Dordogne (on discipline),
- Shambala France (on meditation),
- Institut Karmapa (Troma Nagmo initiation),
- Vajra Dhara Ling, Normandy, (Beginning of the Minlling Dorsem cycle)
- Kagyu Dzong, Paris (on bodhicitta).

JUNE 2004 - JUNE 2015 Following the entire Minling Dorsem cycle of teachings
(based on the Ati Zab Don , the Rab gsal snang ba with commentary)
conferred by Jetsun Khandro Rinpoche
in Vajra Dhara Ling, Normandy and Kagyu Dzong, Paris.
Study and practice seminars twice a year, group revisions
and group retreats in winter.

2004-2005 Resident In Dhagpo Kagyu Ling, Dordogne, France
 Community service, Personal Studies and Practice
 Attended a lot of teachings there, many initiations
 Studies on Tsema.

2005-2015 Summer retreats with Centre d'Etudes de Chanteloube, Dordogne France:
 received teaching from Kyabje Trulshik Rinpoche, Kyabje Tenga Rinpoche,
 His Holiness Sakya Trinzel, Taklung Matrul Rinpoche, Mingyur Rinpoche,
 Jigme Khyentse Rinpoche and Pema Wangyal Rinpoche

Texts Studied :

Dza Patrul Rinpoche's Words of my Perfect Teacher, Nagarjuna's Letter to a Friend, Gyelse Thogme's 37 practices of Bodhisattvas, 7 stanzas on mind training by Langri Thangpa, Chagchen Monlam by Karmapa Rangjung Dorje, and now, beginning of Ngedön Gyamtso.

TIBETAN STUDIES

2004 Learned Tibetan script and basic reading

SEPTEMBRE 2006-2010 Beginning Tibetan studies program
 at INALCO (National Institute of Language and civilisation), Paris, France
 Including Spoken Tibetan, Classical Text Studies, Poetry, Tibet's History,
 Geography, Ethnology, History of Buddhism, Himalayan Art History,
 Modern Tibetan Literature and Websites.

2010-2011 7 months of studies in CHTS (College of Higher Tibetan Studies),
 Sarah School near Dharamsala, India
 Studies of Buddhist texts in Tsamjor class
 Introduction to debate and philosophy from Gelug tradition
 Intense practice of spoken modern Tibetan !

2012-2013 Completion of studies at INALCO
 Licence Degree awarded in June

2005-2014 Learning classical text and modern poetry with Gen Lhamo Kyab
 A Tibetan writer and teacher living in Paris

USING TIBETAN FOR DHARMA

SINCE 2005 Translation for Tibetan refugees in Paris
for medical assistance and other administrative matters

WINTER 2011 Gave intensive French classes (in Tibetan) to a Tibetan Geshe in Paris

SINCE 2012 Oral translation from Tibetan in various Dharma centers and groups in Europe including:
- Kalachakra Center in Paris and Reims, France
- Tibetan Community Festival in Paris, France
- Trigane Rinpoche's Sangha in Ljubljana, Slovenia
- Trigane Rinpoche's group in St Maur and Lille, France
- Lama Karta's Sangha in Yeunten Ling, Belgium
- Lama Ngawang's study group in Chartres, France
- Rigpa Center in St Tropez, France
...

SINCE 2013 Providing Tibetan reading class for beginners :
in Yeunten Ling, Belgium (a week-end every two months)
Kagyu Dzong, Paris, France (1h 30 Every Thursday evening)

2012-2014 Interpreter for two regular programs on Tibetan medicine
in the Kalachakra Center in Paris, France
by Amchi Lhajitsang Wandai Tsering and Amchi Bunchung

2014 Creation of Interface Culturelle an organization to support our activity
of translation and explanation of the cultural context to people working
with Tibetan people in Paris.