

Retreat Requirements

Requirements for undertaking retreat at Longchen Jigme Samten Ling are listed below:

- One must have taken the Lineage Ceremony and be a formal disciple of Venerable Dziger Kongtrul Rinpoche
- Retreat must be at least one month.

Once a request is made for retreat and the retreatant meets the minimum requirements, the Samten Ling committee will approve retreatants if their retreat is less than one year. Retreats for one year or longer are reviewed and approved by Dzigar Kongtrul Rinpoche.

I satisfy the requirements because I have taken the lineage ceremony, my retreat is longer than a month, and my retreat for a year has been approved by Dzigar Kongtrul Rinpoche.

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