

## **Recommendation letter**

I first met Katarína Bodišová when she joined my Classical Tibetan class in early 2024, which she joined only a few weeks after beginning her practice at our dharma center. This demonstrated her determination to devote herself to the traditional practice of Tibetan Buddhism, which has grown stronger and more obvious the longer she practiced the dharma. Reflecting on her progress in the training, her faith in the Three Jewels and her teachers, as well as her great determination to devote her life to dharma, it seems almost unbelievable that she has only started practicing so recently. I can confidently say that in many aspects she already has surpassed me, who has been practicing for almost a decade, as well as many other members of our center.

Katarina never seems to tire of things related to the dharma, whether it is volunteering at our center, practicing meditation or performing pūjas. In addition, she has a special affinity for Vajrayāna practices and is already a skilled chöpon, which makes her a suitable candidate for an extended Vajrayāna retreat.

Since meeting her, I have come to know Katarina intimately and thanks to that I can attest to her qualities not only as a dharma practitioner but also as a person in general. She is always willing to help, offering compassion without judgement both to humans and to animals. She is non-confrontational and naturally attracts people.

In conclusion, I cannot think of a better person to attend and successfully complete a traditional three-year, three-month retreat. The only possible obstacle could be the financial aspect, as it would be almost impossible for Katarina to collect enough money on her own. Therefore, I believe that she is a most fitting recipient of the Tsadra scholarship, as her practice could bring tremendous benefit both to herself and to others.

Denis Barát