



Palpung Changchub Dargyeling

Palpung Changchub Dargyeling, Tibetan Buddhist Meditation Centre,
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To The Tsadra Foundation:

Re: Tsadra Foundation Advanced Contemplative Scholarships for Western Practitioners of Tibetan Buddhism for:

Sreekumar Sukumar DOB 10th April 1065

It is my pleasure to provide a reference for the above person for consideration of his suitability for your scholarship for a three-year retreat. I am a centre manager at Palpung Changchub Dargyeling, His Holiness Tai Situ Rinpoche's UK seat, and have been living and working here for the past 14 years. I have been a Karma Kagyü practitioner for the last 16 years, with my main gurus being His Holiness Tai Situ Rinpoche, Yongey Mingyur Rinpoche and Choje Lama Rabsang.

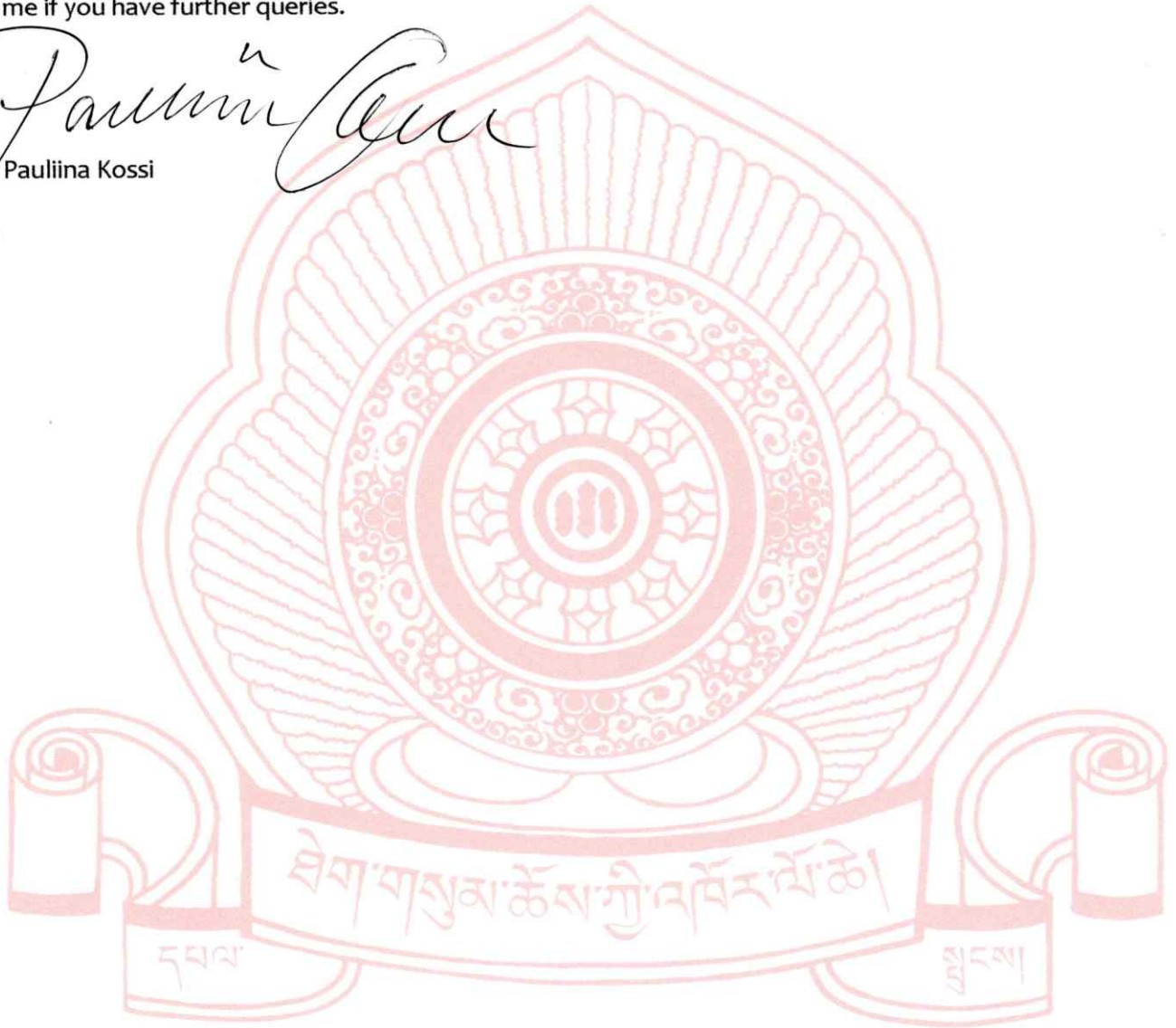
I have known Sree as a friend for 14 years. We have met over the years at the Centre on a regular basis and I have had many extensive discussions with him on several Buddhist subjects and his take on life in general.

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I have found him always to be very passionate about the topics he puts his mind into, and Dharma has been a constant interest in his life. He is very knowledgeable in Dharma and has a sharp intellect, as well as honest way of exploring himself and his mind. Over the years I have seen how his mind is turning away from samsaric pursuits and he has been more prone to focus on practice. This retreat seems like a natural continuum for his steady development on the path of Dharma and as a practitioner, and I can see that he genuinely is feeling the need for it.

Sree is trustworthy and diligent, and I have no doubt that doing a long retreat would benefit himself and others significantly were he to be offered a place in the retreat. Please do not hesitate to contact me if you have further queries.

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