

PETER SAGE

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EDUCATION

Sc.B. in Cognitive Neuroscience & A.B. in Contemplative Studies — Brown University

Providence, RI | May 2024

- Coursework: fMRI Methods, Neural Systems, Neurobiology, Statistical Methods, Computing Foundations, Science of Consciousness, Cognitive Neuroscience of Meditation, Root Verses of the Middle Way, The Way of the Bodhisattva
- Study Abroad: Semester at Rangjung Yeshe Institute, Kathmandu, Nepal (Fall 2023)

International Baccalaureate Diploma — City High Middle School

Grand Rapids, MI | 2020

RESEARCH & ACADEMIC EXPERIENCE

Teaching Assistant — Rangjung Yeshe Gomde California

Leggett, CA | Summer 2025

- Provided logistical and emotional support for program participants
- Answered basic Dharma-related questions and referred students to appropriate teachers or texts
- Helped set up and break down campus infrastructure for retreats and seminars

Teaching Assistant — Cognitive Neuroscience of Meditation, Brown University – Prof. Sara Lazar

Providence, RI | Spring 2023

- Graded weekly discussion posts and provided written feedback
- Met individually with students to review course material and assignments
- Took attendance, assisted in classroom discussion, and supported student engagement

Research Assistant — Laboratory for Cognitive and Perceptual Learning, Brown University

Providence, RI | 2022–2023

- Supported experiments using polysomnography (PSG), MRI, and magnetic resonance spectroscopy (MRS)
- Prepared volunteers for MRI sessions, including cap setup, impedance testing, and rapport-building
- Collaborated with professors, postdocs, and undergraduates in weekly research meetings

PUBLICATIONS & ACADEMIC PAPERS

Yamada, T., LaBonte-Clark, T., Khan, S., Sage, P., Kalyan, P., Berhe, H., Hopkins, S., Chen, Y.-A., Nakashima, Y., Watanabe, T., & Sasaki, Y. (2024). Differential unconscious control of the medial prefrontal cortex during non-REM and REM sleep to mitigate anterograde and retrograde interferences in visual perceptual learning. *Journal of Vision*, 24(10), 660.
<https://doi.org/10.1167/jov.24.10.660>

Sage, P. (2022). Potential therapeutic synergy between psychedelics and meditation for major depressive disorder based on shared neural mechanisms. [Unpublished manuscript].

LEADERSHIP & ATHLETICS

Trumpet Section Leader — Brown University Jazz Band

Providence, RI | 2021–2024

- Led sectional rehearsals; advised members on style and technique

Team Captain — Ottawa Hills High School Swim & Dive

Grand Rapids, MI | 2019–2020

- Led practices, demonstrated proper technique, organized events, and supported teammates
- Awards: Most Valuable Swimmer (2019, 2020), Most Improved Veteran, Rookie of the Year

PROFESSIONAL & COMMUNITY EXPERIENCE

Barber (Self-Employed)

Grand Rapids, MI | 2015–Present

- Performed haircuts for clients including fellow students, faculty, teammates, and community members
- Portfolio available at: <https://www.instagram.com/sagethebarber/>

TECHNICAL SKILLS

- Microsoft Office Suite
- Statistical analysis and data visualization in R and JASP
- MRI setup and basic sleep neuroimaging prep (PSG)