



KAGYU SAMYE LING
MONASTERY & TIBETAN CENTRE

ROKPA TRUST LONG RETREATS

RETREAT CENTRE AND PROGRAMME

Retreat Centre:

The Samye Dechen Shing retreat is situated on the island of Arran on the West coast of Scotland. The current traditional long term retreat is the 6th cycle under the Rokpa Trust/Samye Ling retreat program.

The retreat place can accommodate up to 22 practitioners and will have dedicated caretakers throughout the whole retreat. The retreat premises are fully in accordance with the requirements for a proper traditional closed retreat.

Programme:

The first year of the current traditional 4 year retreat began on 3 November 2015. The retreat master is Drupon Rinpoche, Khenpo Lhabu, who was the guide for our previous long retreat as well as having taught the 6 year Shedra course at Samye Ling. The retreat program began with an intensive one year of Ngondro practice focussing strongly on the four ways of changing the mind.

Now that the first year has been completed, and having had a short break to attend teachings in Samye Ling, a number of the retreatants are continuing with the intention of completing a full traditional four year retreat.

It is expected that the retreat will end early in 2020.

Signed for Rokpa Trust:

Ani Lhamo

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