

Before the three year retreat that began on 2013 my economy was more stable due to my own personal work and also the valuable help of a sponsor who helped me with the retreats prior to the three-year-retreat. After I came out of the three-year-retreat last year the work I have been doing is more sporadic since I have been planning on retreating again. The sponsor I had made a large donation towards the reconstruction of the house I intend to retreat at, and that is as much as he can offer for now.

I do not have personal savings or pensions. And the income I get covers my daily expenses, but I will not be able to get any income during retreat. Currently I have the support of a dharma companion who takes me in his house.