

Dear Tsadra Foundation,

I have known Paulo Minervino Napolitano since 2011 when he came to receive empowerment from Chökyi Nyima Rinpoche and participate in Tara's Triple Excellence retreat in Gomde Austria. Chökyi Nyima Rinpoche was very happy to hear that Paulo is participating in the three year retreat, because it is clear for all to see that Paulo is a devoted practitioner with a very kind heart.

I am impressed by Paulo's sincere commitment to the dharma. He is dedicated to practice, integrates it into his daily activities, and constantly checks his motivation. In this way, his practice is always very stable. His intention is to take his outer circumstances onto the path, and he has no interest in the distractions of ordinary life. Further, he has done the extensive practices of the Tara Triple Excellence *terma* in an enthusiastic and heartfelt way.

I sincerely wish for him that he will receive a tsadra contemplative scholarship so that he can complete the three years retreat without any obstacles.

Yours sincerely,

Heidi Köppl

Vice president of Gomde Pyrenees Retreat center