

Dharma Curriculum Vitae

Name: Maria Emiry Sacchese

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Profile

Vajrayana Buddhist practitioner since 2011, under the main guidance of Lama Karma Tartchin. With experience in solitary retreats, group pilgrimage organization, intensive study and practice.

Dharma Practice and Training

Solitary Retreats

- **May 25 to June 5, 2025: Solitary Ngöndro Retreat (Dorje Sempa), Hyolmo, Nepal.**
- **December 18, 2024 to January 28, 2025: Solitary Ngöndro Retreat (Refuge and Bodhicitta), Tharig Retreat Center, Pharping, Nepal.**
- **December 7 to 11, 2022: Solitary Medicine Buddha Retreat, Nova Friburgo, RJ, Brazil.**
- **2018: 3 days Solitary Retreat on the Four Common Preliminaries, São Paulo, Brazil.**

Pilgrimage Organization

- **March 2025: Group pilgrimage to India and Nepal with Lama Karma Tartchin.**
- **October 2024: Group pilgrimage to India and Nepal with Lama Karma Tartchin.**

Group Retreats

- **November 2024: Teaching on the Songs of Realization of Marpa by H.H. Tai Situ Rinpoche, followed by a 7-day Marpa Guru Yoga Retreat, Sherabling Monastery, Bir, India.**
- **2023: Chöd Retreat, Nova Friburgo, RJ, Brazil (Five Precepts Vows taken at this time)**
- **2023: Medicine Buddha Retreat, Nova Friburgo, RJ, Brazil**
- **2023: Lojong Retreat, Nova Friburgo, RJ, Brazil**

- **2023: Four Sessions Guru Yoga Retreat, Nova Friburgo, RJ, Brazil.**
- **2023: Green Tara Retreat, Nova Friburgo, RJ, Brazil.**
- **2022: Chöd Retreat, Nova Friburgo, RJ, Brazil.**
- **2019: Green Tara Retreat, Nova Friburgo, RJ, Brazil.**
- **2018: Chöd Retreat, Nova Friburgo, RJ, Brazil.**

Teachings and Empowerments

- **September 2024: Bodhisattva Teachings and Vows with Gyaltsab Jonang Chokyi Nangpa Rinpoche, Jardim do Dharma, Cotia, SP, Brazil.**
- **2024: Chenrezig Teaching and Empowerment with Lama Karma Tartchin, Bahia, Brazil.**
- **2023: Sarasvati Empowerment with Gyaltsab Jonang Chokyi Nangpa Rinpoche, Nova Friburgo, RJ, Brazil.**
- **2022: Teachings on the Songs of Realization (Dohas) of Milarepa, with Lama Lodro Lhamo, KTT , Rio de Janeiro, RJ, Brazil.**
- **2021: Online teaching on "Progressive Stages of Meditation on Emptiness" by Khenpo Tsultrim Gyaltso, with Lama Karma Tartchin.**
- **2019: Korwa Dongtruk Chenrezig Empowerment with Dzongsar Khyentse Rinpoche, Rio de Janeiro, RJ, Brazil.**
- **2017: Teachings by H.H. the Dalai Lama on the Four Noble Truths, Bodhgaya, Bihar, India.**
- **2016: Green Tara Teaching and Empowerment with Lama Karma Tartchin, São Paulo, SP, Brazil.**
- **2015: Bardo Teaching with Lama Karma Tartchin, KTT Brasil, Rio de Janeiro, RJ, Brazil.**
- **2015: Medicine Buddha Teaching and Empowerment with Lama Karma Tartchin, São Paulo, SP, Brazil. (Refuge in the Three Jewels taken at this time).**
- **2011: First contact with Lama Karma Tartchin, instructions on Shamatha and guidance including "Cutting Through Spiritual Materialism" by Chögyam Trungpa Rinpoche.**

Related Activities

- **Organization of group pilgrimages to India and Nepal (2024-2025).**
 - **Transcription of teachings, retreat organization and manager, Chöpon services, and content creation for Dharma Center and Lama Karma Tartchin.**
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