

**Olof Axelsson**

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## **Dharma Curriculum Vitae**

### **Formal Buddhist Education**

#### **MA in Translation, Textual Interpretation, and Philology (TTIP)**

*Kathmandu University, 2023–2025 (expected)*

Thesis including translation of part of Vimalamitra's commentary to the *Saptaśatikā Prajñāpāramitā Sūtra*

Focus on Tibetan and Sanskrit philology, translation theory, and Buddhist hermeneutics

#### **BA in Buddhist Studies and Himalayan Languages**

*Kathmandu University, 2019–2023*

Specialization in Buddhist philosophy, Tibetan language, and textual study

Completed coursework in Abhidharma, Madhyamaka, Yogācāra, Sanskrit, and classical Tibetan

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### **Retreat and Practice Experience**

#### **Ngöndro Practice** (ongoing since 2022)

Completed multiple accumulations of foundational practices according to the Longchen Nyingthik Tradition

Daily practice sustained for several years

#### **Short Retreats**

Several individual retreats at home, including periods of silence, practice intensives, and mantra accumulation

Weekend-long meditation retreats guided by teachers like Erik Pema Kunsang

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### **Dharma Service and Roles**

#### **Tibetan-English Dharma Translator and Interpreter** (2024–)

*Rangjung Yeshe Institute*

Served as oral interpreter for a Tibetan Khenpo during advanced philosophy classes

Engaged in translation of traditional liturgies, biographical and instructional materials

#### **Sanskrit Instructor** (2024)

*Rangjung Yeshe Institute*

Taught Sanskrit chanting and metrics to BA and MA level students

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## **Dharma Teachings Attended**

### **Regular Teachings with Chökyi Nyima Rinpoche (2019–present)**

Annual Fall seminar teachings at Ka-Nying Shedrub Ling

Heart Advice teachings and special instructions on view and meditation

### **Teachings by Phakchok Rinpoche, Erik Pema Kunsang, Dzongsar Khyentse Rinpoche**

Topics: Ngöndro, Bodhicaryāvatāra, Buddhist view, conduct, and meditation, sādhana, Tantra

Attended in person and online over several years

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## **Affiliations and Commitments**

### **Dharma Gyan International Youth Organization**

Active member and content contributor

Focus on Dharma education, youth engagement, online dissemination of Buddhist teachings, and in-person practice groups