

Daniel Schexnaydre - Dharma CV

1231 NW 9th Ave
Gainesville, FL 32601
(352) 415-0132
dschexnaydrelmt@gmail.com

Overview

I first began cultivating an interest in the Dharma when I was about 19 years old, after meeting Khentrul Lodro Thaye Rinpoche at a small gathering in Louisiana around 2007. This meeting made a heavy impression, and over the next few years I began to turn from a general interest in religious and esoteric philosophies and towards the study and practice of the Buddhadharma. I moved to Gainesville, FL in 2011 and began regularly attending classes at Gainesville Karma Thegsum Choling in 2012. I took Refuge and lay vows in 2014 from my teacher Lama Losang. Since then the practice has been integrated more and more into daily life, and my view and conduct has been altered significantly. For many years I avoided seeking empowerments and transmissions, instead focusing primarily on the practice of shamatha. I began ngondro around 2016, completing my first round of the practice around 2023. All the while, Lama Losang has encouraged me to go in the direction of the 3 year retreat. With his blessing, and guidance from Lama Tsultrim Gyaltzen of Karma Ling Retreat Center in Delhi, NY, I applied for and began to seriously prepare for the retreat around the time of Saga Dawa 2023.

Vows, Transmissions, and Empowerments

Refuge and Lay Vows - Lama Losang- Gainesville, FL - 11/23/2014

Mahamudra Ngondro Reading Transmission - Lama Losang- Gainesville, FL - 2016

Note: Completed the 555,555 recitations of Ngondro officially in 2023.

Amitabha Empowerment, Reading Transmission for *Prayer for the Aspiration for Rebirth in Sukhavati* - Lopon Tobden of Thrangu Monastery- Gainesville, FL - 9/3/2023

Note: Subsequent completion of 600,000 recitations of the Amitabha mantra/puja practice.

Bodhisattva Vow - Lama Karma Drodhul- Jacksonville, FL - 10/20/2024

Vajrasattva Empowerment and Mahamudra Ngondro Reading Transmission - Lama Karma Drodhul- Gainesville, FL - 11/16/2024 - Mindrolling Mother & Father

Note: Around the time of this empowerment I was instructed to complete a 2nd round of each of the practices of Ngondro (Refuge/Prostrations, Vajrasattva, Mandala Offerings, and Guru Yoga) and have completed over 40,000 of each to date.

Medicine Buddha Reading Transmission - Lama Losang- Gainesville, FL - 3/2/2025