I have known Lehel for nearly 10 years now. He was part of a self recognizing, body spirit ,mind and health aiding program, and he has been helping this holistic therapeutic institute with both material and physical aid. We are healing people. So we became friends. With conversations, excursions we helped each other ,as much as we could. I've acquainted tibetan buddhism through him, before I've been practicing S. N. Goenka vipassana.

I have observed how he is drawn to the rationality of the tibetan Buddhism. I do appreciate his endeavour, and I have faith that he does deserve your kind support.

First of all I am absolutely confident that his interests are not just a hobby, or a flink. He does posess the enthusiastic effort, that is required for such a hard labour, study and renunciation.

Secondly, he also has pure motivation, so after retreat he will turn this knowledge to benefit others, and his environment. Buddhism has started out as beggars, in other words, the disciples did not live of their own wealth. Solely sponsors have made possible their existence. Therefore, they have preserved, nourished and practiced, this spiritual treasure, for the sake of all sentient beings. So this knowledge is still thriving, and within reach, thanks to these sponsors. A beautiful symbiosis that benefits both sides. With your kind support, this tradition is still alive. Your support will not only help Lehel, but also his family, and children, cause this way he may leave more of his savings for them.

Most part of society, is working for profit. But with such a lifestyle, little time is left for meditation, and practices. I do believe it is a beautiful gesture, that those who do not have the chance to do these practices, are supporting someone, who is dedicating his life to study, contemplation, and meditation, for us, too.

With love and respect Nagy Botond Psychologist and holistic therapist.

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