

A clear description of your financial situation, including any personal savings, income or pensions, as well as any external sponsorship or support and your efforts to secure such support

Personal savings:

- Investments in Nubank: R\$101,967 (approximately €15,700)
- Savings account in Caixa Econômica Federal: R\$52,548 (approximately €8,000)

My personal savings will serve as proof of funds for the visa and will cover the costs of the visa, health insurance and other personal expenses (ritual items, airplane tickets, trips required for visa renewals, hygiene items etc).

From the total invested (R\$101,967), R\$46,382 (approximately €7,000) can not be redeemed until June 2027.

Income:

- Apartment rental: approximately €200 per month
- Account yield: approximately €100 per month

The account yield, along with the apartment rental, will cover about 40% of the monthly costs of the retreat.

Others:

I have applied for the Khyentse Foundation Individual Practice Grant, and expect to be notified of the committee's decision by November 15, 2025.

I do not have other sponsors, and I don't think I'm in a position to fundraise the costs for this retreat from my family or from the sangha.