

Liz Ferris

Objective

Cv detailing teaching I have attended and teacher that have given empowerments.

Experience

June 2024 Four Dharmas of Gampopa Khenpo Tashi- Samye Ling

May 2024 Kagyu Monlams Samye Ling- Drupon Khen Rinpoche, Teachings on Guru Yoga from Torch of the Definitive Meaning

January 2024 Bodhgaya- Kagyu Monlams and teachings by HH the Dalai Lama- Teachings on Manjushri and Khentin Tai Situpa, Red Crown Ceremony and Teachings on Maitreya's Aspiration

October 2023 Sekhar Retreat Centre- 3 weeks of Meditation Retreat on Dorje Sempa led by Drupon Khen Rinpoche and his teachings on The Life of Milarepa and The Words of My Perfect Teacher

October 2023 Kagyu Samye Ling- Drupon Khen Rinpoche, Chapter 6 and 9 from Life of Milarepa and a one week retreat on Calm Abiding Meditation Instruction

June 2023 Kagyu Samye Ling- Ringu Tulku The Four Immeasurables

May 2023 Kagyu Samye Ling- Kagyu Monlams 2023 Drupon Khen Rinpoche, A string of Pearls by Gampopa

October 2022 Kagyu Samye Ling- Drupon Khen Rinpoche teachings on the Four Dharmas of Gampopa and week long retreat on Calm Abiding practice

June 2021 3 day online retreat lead by Mingyur Rinpoche, The Joy of Living Level 2

October 2019 Kagyu Samye Ling- Drupon Khen Rinpoche, Week long retreat on Calm Abiding and teachings on The Precious Ornament of Liberation Chapter 3

January 2019- Gomde Denmark- Phakchok Rinpoche- Overcoming Fear with Vajrayana Practice

20-21 May 2017 HH the Karmapa's Visit to London, 8 Verses for Training the Mind, Battersea Park

1993-2017 During these years I visited Samye Ling and stayed as a volunteer on a number of occasions. There were a number of teachings held by resident and visiting Lamas. Lama Yeshe the current abbot of Samye Ling and the late Choje Akong Tulku Rinpoche gave general teachings and series of empowerments. I attended empowerments and teachings with the late Thrangu Rinpoche, Mingyur Rinpoche, Ringu Tulku.

1992-1993 During my time as a nun, teachings were held by HH the Dalai Lama and Khentin Tai Situpa Rinpoche.

Personal Study

Along side formal teachings I have also done personal practice and and personal study. These include the Torch of Certainty by Jamgon Khontrul, Praises and Prostrations to the 21 Taras by Khentin Tai Situpa and various dharma texts throughout the years.

Many thanks for your
consideration

