

An outline of qualifications for entering your retreat and the extent to which you satisfy these qualifications.

The requirements for entering the retreat as stated on the Karme Ling website (<https://karmeling.org/three-year-retreat-faqs/>) and confirmed by the retreat master, Lama Zangmo, are as follows:

(1) The ability to chant Tibetan fast (comprehension is not necessary)

I can read at a chanting speed, and I know some basic vocabulary and grammar as well. I am also actively studying Tibetan as I aspire to translate Dharma texts in the future.

(2) The completion of 111,111 repetitions of the four foundations of Ngondro

I have completed the prostrations and I am halfway finished with the mantra. I am certain I will finish before the retreat starts. The retreat master is aware of my progress.

(3) Good physical and mental health

I have no mental health issues, and although I have Type 1 Diabetes, it is without complications and well-managed. The retreat master is also aware of this and said it is not an issue.

(4) \$36,000 retreat fee

The reason why I am applying for the scholarship.

(5) The ability to read, write, and speak English fluently

I have been speaking English since I was a child, and I have a Bachelor's and a Master's degree in translation and interpreting from English and Dutch. I also work as a translator, using English in my day-to-day life professionally.

(6) Permission from the Retreat Master

Lama Zangmo has written a letter of acceptance into the retreat, see the attachment "*Bodišová _Acceptance _Letter*".

(7) Letter of recommendation from main teacher

My main teacher, Lama Sangye, has written a recommendation letter for the Tsadra scholarship, and my acceptance into the actual retreat was based on in-person conversations between him and Lama Zangmo instead of a letter.