

An outline of qualifications for entering your retreat and the extent to which you satisfy these qualifications.

1. This retreat requires completing Vajrayogini mantras and Amending Fire Puja, as well as the Chakrasamvara empowerment.

I received the Vajrayogini empowerment first in 2016 and have studied it extensively with Lodro Sangpo, Mark Nowakowski, and other teachers for a period of about five years. Also, I have attended several druppas at different centres, and served as choppon, assistant choppon, and zoom host during practices. For the first several years, I did not really focus on the mantra counting. I am now about 15%-20% through the mantras. I have been focusing on them this summer, and I am planning to finish them in time for the fire puja to be held at Dorje Denma Ling in June 2026.

I attended the Chakrasamvara empowerment in July 2025. This was held at Karma Tekchen Zabsal Ling, in Toronto, Ontario. It was led by Tulku Damcho Rinpoche (my guru's appointee as a senior teacher).

2. Year 1 of the retreat includes a lengthy Mahamudra component.

I have been studying Mahamudra with Elizabeth Callahan (online) since 2020.

The druppon of the retreat, Nancy Huszagh, believes that I am well prepared at this stage and will be ready if I complete the remaining Vajrayogini practice components.