

Letter of Recommendation for Martha Asselin
Applicant for the Tsadra Foundation Advanced Contemplative Scholarship

7-31-2021

TO:

Anthony Chapman
Vice President & Director of Contemplative Scholarships
Tsadra Foundation

Dear Mr. Anthony Chapman,

I am happy to have the opportunity to recommend Martha Asselin for the Tsadra Foundation Advanced Contemplative Scholarship. I have known Martha for four years and have had the delight to be able to study, practice, and volunteer with her within a Dharma setting. Since I've known her, Martha has always carried the strength of devotion, genuine curiosity, and willingness to work with her mind. I trust that she will be able to follow through with her retreat commitments, not just because she is in a supportive retreat space, but also because she possesses an eagerness for Dharma and a natural disposition to complete what she sets out to do.

Since becoming a student in the Mangala Shri Bhuti Sangha, Martha has expressed commitment both to practice and service. MSB places a lot of emphasis on *seva* (selfless service) and Martha has met that with great enthusiasm. Likewise, outside of Sangha events, she's always been a steady and dependable friend—someone I can always count on to follow through and be there if I need assistance.

Over the course of the last year specifically, I've seen Martha grow and expand deeper into her Vajrayana commitments. While I know she's had interest in long-term retreat for quite some time, before she really took actions toward attending long-term retreat, Martha attended two months at Samten Ling and came out with the readiness to return again as soon as possible. To me, that is a sign of great merit and I wholeheartedly believe that Martha will both benefit and be of benefit in long term retreat.

Please feel free to contact me if you have more questions or need to clarify any points. My email and phone number can be found below.

Sincerely,

Sara Lindblom

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