

398 Camden Road
London N70SJ
United Kingdom

tara_amalie@yahoo.com

(+44 777 2645433)

Dear Tsadra Foundation.

I am writing this letter of recommendation for my dear friend and dharma sister Elizabeth Ferris (Jamyang Chodron), who has recently applied for a scholarship.

We were both ordained as nuns in Kagyu Samye Ling in 1992 when we were in our early twenties. Our commitment was for a year's intensive retreat and study. When we finished, we both went on to have families, while I went on to study at university and Lizzie worked for years in the NHS. We have both kept our lifelong commitment to practice, dharma study, and also returned to Samye Ling often.

Lizzie has told me, many times over the years, that one day she will become a nun again. It has been her dearest wish to commit her life to serious intensive practice in robes. Yesterday she took the first step towards fulfilling that wish and was re-ordained as a Buddhist nun. She told me that she feels like she has finally come home again. I can see that truth shining in her face.

I have known Lizzie for 32 years and I can say that she has always been completely committed to the Buddha dharma. She will be wonderful nun and also a dedicated and enthusiastic practitioner. Her plan is to remain at Holy Island in the nun's retreat for the rest of her life. Some of us may never see her again. Yet remarkably, her family support her fully and we are all very happy for her. They all know, as do I, that this is what she always wanted.

Please know that any financial help that Tsadra Foundation is able to offer will be wisely spent on a kind woman who has taken this path as her heart.

Thank you for everything you do. On this auspicious day, I truly rejoice in all the virtue you are gathering for the benefit of us all!

Yours kindly,
Tara Sinclair