



GARCHEN BUDDHIST INSTITUTE

July 2, 2022

Dear Tsadra Foundation,

I fully recommend Theresa Stevenson for the three year retreat at The Garchen Buddhist Institute in Chino Valley, Arizona. The retreat will begin October 31, 2023 and will be structured using the traditional three-year retreat curriculum in the Drikung Kagyu tradition of Tibetan Buddhism.

Theresa has been a devoted practitioner for twenty two years receiving teachings, empowerments and engaging in practice. Her retreat experience, extensive Buddhist study and translation work all truly qualifies her for the three year retreat.

I know her to be a devoted student of H.E. Garchen Rinpoche and of other lamas in our lineage whom I trust and respect. She has served the dharma by helping to establish two dharma centers in our mandala, translated numerous dharma texts into Chinese and assisted in fundraising and narration of dharma projects. I am very confident that Theresa has the necessary qualities including proper motivation, diligence and commitment to enter our three year retreat program. I highly recommend Theresa and believe she will be a very strong participant.

In the Dharma,

Drupon Rinchen Dorje Rinpoche