



GARCHEN BUDDHIST INSTITUTE

July 31, 2022

Dear Tsadra Foundation,

I recommend Teja Campbell for the three year retreat at The Garchen Buddhist Institute in Chino Valley, Arizona. The retreat will begin October 31, 2023 and will be structured using the traditional three-year retreat curriculum in the Drikung Kagyu tradition of Tibetan Buddhism.

Teja has been a devoted practitioner for many years receiving teachings, empowerments and engaging in practice retreats.

Teja has attended some of my teachings and retreats and I am confident that he has the necessary qualities to enter our three year retreat program. I recommend Teja and believe he has a sincere motivation to successfully complete the 3 year retreat.

In the Dharma,

Drupon Rinchen Dorje Rinpoche