From: Wangchen Rinpoche wrinpoche@gmail.com

Subject: Recommendations letter, **Date:** August 7, 2024 at 10:28

To: contemplativescholarship@tsadra.org

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Tsadra Foundation.

Dear Sir Madan,

To whom it may concern,

I am Tibetan Buddhist teacher of Shangpa Kagyu lineage. Disciple of previous Kyabje Kalu Rinpoche and Living in California.

Monika has been my student for last 9 years

and lived in Ser Cho Ling for last 2 years.

Her dedication and commitment to dharma practice as well as her service to sangha is exemplary and I highly recommend that she will enter into 3 year retreat.

I hope that Tsadra foundation will be able to help achieve her spiritual aspirations.

Sincerely yours,

Wangchen Rinpoche