

Ngawang Senge's Retreat Budget

I require basic vegan food and a small fee for utilities etc. Due to health reasons, I need some basic Chinese tonic herbs daily and a few basic supplements.

- My weekly food, herbs, supplements, basic necessities, and gas to go 65 miles round trip to the grocery store in an old gas guzzler is \$150
- The owner of the property is asking \$50 per month for utilities and expenses.
- This totals \$700 per month and \$8400 per year

My long-term intention and commitment is to stay in retreat for 13 years, but I am first making a 6 year 6 month vow and request for support. At the end of the first 6.5 years, I will renew my vow and make a new request for support.

- The total for the 6 years and 6 months is: \$54,000
- Any money that is left over each week will be collected and either returned at the end of the year or used for the following year.
- As for tsok and shrine offerings, I will be asking others to contribute.