

FINANCIAL SITUATION

Income information

My monthly salary is 130,000 Russian rubles (equivalent to 1500 US dollars).

These earnings do not allow me to make savings because the cost of living has doubled in the recent years while my salary remained the same. The little I manage to put aside is used to attend teachings and retreats.

I do not receive any pensions or have any other income.

Additional finances

I own a small piece of property which I am preparing to sell. I should receive the equivalent of 18,000 euros from this sale. I will use it to partly cover the retreat costs (16,125 euros) and the cost of the shrine items needed in retreat (2000 euros).

External sponsorship

In case the personal funds come short of the required sum, I will fundraise among my Dharma friends and the Sangha of Chokyi Nyima Rinpoche and Tsoknyi Rinpoche. I will first contact my close Dharma friends. If that falls short, I will create a Gofundme campaign and post it on my Facebook profile, and ask my Dharma friends to contribute and to repost. I will also ask my Dharma friends if they know any potential sponsors to approach, and I will contact them. If the monthly cost of the retreat increases while I'm still on retreat, I will ask a helper (a friend) to do this for me.